

**Zommerrooster 15jul t/m 25aug**

**Gesloten 29jul t/m 9aug**

	Maandag	Dinsdag	Woensdag	Donderdag	Vrijdag
08:00-09:00		Early Birdsworkout	Early Birdsworkout		Early Birdsworkout
09:00-10:00		Zaktraining	Zaktraining		Zaktraining
10:00-10:45		Kids Kickboxing			
16:45-17:30			Kids Kickboxing		
18:00-19:00		Heavy Bagworkout (45min)	Circuittraining		Heavy Bagworkout (45min)
19:00-20:00		Kickboksen	Kickboksen		Kickboksen

